



# VAJRAVARAHI'S

## 8 Lines of Praise in Sanskrit

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# Vajravarahi's 8 Lines of Praise in Sanskrit

Anyone may honor the Supreme Sarva Dakini as a praise, here presented in Sanskrit. Her longer mantra requires empowerment, however her short namo mantra is fine for everyone as a generation of merit mantra:

OM NAMO BHAGAVATE VAJRA VARAHI VAM HUM HUM PHAT

Vam in Sanskrit, but many practitioners chant Bam in Tibetan style. Also Phat in Tibetan is pronounced Pey.

As Vajrayogini and the Dakinis are usually associated with the evening, the best time for a daily recitation of Her prasi is the evening. Normally, you would ring the bell or play the drum with “hum hum phat” on each line.

NOTE: Since Vajrayogini is the Highest Yoga Tantra emanation of Tara, many devout Buddhists practice Tara — which requires no permission — until they have an opportunity for Varayogini practices.

Practice: As with all aspirational practices, you can start by making “frontal” offerings to the deity of your aspiration — in this case Vajrayogini. Set up a picture or a statue. Place offerings in front of her — simple or elaborate as you are able. Light daily incense, and take refuge in front of your image.

Recitation of the Eight lines or praise to Vajrayogini, the Mother is often recommended to plant the karmic seeds for her practice.



OM NAMO BHAGAVATE VAJRA VARAHI VAM HUM HUM PHAT

OM NAMO ARYA APARA-JITE TRAI-LOKYA MATI VIDYESHVARI HUM HUM PHAT

OM NAMO SARVA BHUTA BHAYA VAHE MAHA VAJRA HUM HUM PHAT

OM NAMO VAJRA SANI AJITE APARA-JITE VASHAM KARI-NETRA HUM HUM PHAT

OM NAMO BRAHMANI SHOSHANI ROSHANI KRODHE KARALENE HUM HUM PHAT

OM NAMO TRASANI MARANI PRABHADANI PARAJAYE HUM HUM PHAT

OM NAMO VIJAYE JAMBHANI STAMBHANI MOHANI HUM HUM PHAT

OM NAMO VAJRA VARAHI MAHA YOGINI KAME-SHVARI KHAGE HUM HUM PHAT

**English translation:**

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OM I bow down to the Bhagavati Vajra Varahi BAM HUM HUM PHAT

OM to the Queen of the female Arya practitioners, invincible in the Three Realms HUM HUM PHAT

OM to you who destroy all fears of harmful spirits with your great Vajra wisdom HUM HUM PHAT

OM to you who remaining on the Vajra-seat cannot be overcome by others, but place them under your power by your glance HUM HUM PHAT

OM to you who as tummo energy-fire in a wrathful body can desiccate Brahma HUM HUM PHAT

OM to you who terrify and dry up the demons and thus can vanquish others HUM HUM PHAT

OM to you who triumph over all that can make you ill-tempered, excited or stupefied HUM HUM PHAT

OM I bow down to Vajravahini, the Great Yogini who transforms desire HUM HUM PHAT