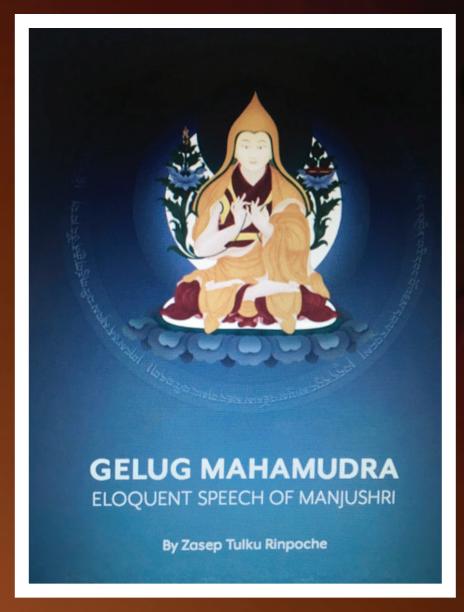
GELUG MAHAMUDRA

## BOOK LAUNCH & SIGNING EVENT



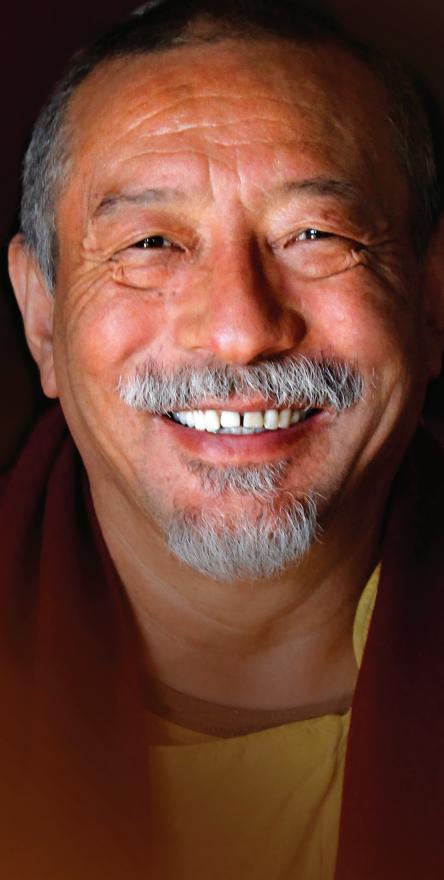
With Author

## H.E. Venerable Zasep Tulku Rinpoche

## What is Mahamudra meditation and why do we need it?

"...Mahamudra is at the very heart of Buddha's teachings. Mahamudra practice slows us down so we can see things as they are. Mahamudra reveals the ultimate nature of the mind, intrinsically pure and empty of inherent nature: pure awareness, luminous and spacious — clarity and cognisance." —Excerpt from Gelug Mahamudra by H.E. Zasep Rinpoche.

https://gadencholingtoronto.org



A drop-in public event at

662 Pape Ave, Toronto, ON, Canada

Nov. 24<sup>th</sup>

2018 2pm-4pm