

BUDDHA  WEEKLY

CALENDAR

2019

With Lunar and Tsog Dates



BUDDHISM

AROUND THE WORLD

Welcome to the 2019 Buddha Weekly practice calendar. This year's theme is "Buddhism Around the World" in which we profile twelve international temples.

Buddhism continues to grow around the world – by conservative estimates over 500 million people, optimistic estimates 1.6 billion. In fourteen countries, more than 50 percent of the population identify as Buddhist.

Please understand we cannot feature every country or Buddhist tradition in this small calendar. We chose based on subjective beauty – after all, this is a scenic calendar. If we left out your country or your tradition or school, it is because we did not have an available photo with impact.

This year's calendar, as in the past, features many festivals and practice dates, including Tsog and Puja dates. Again, if we missed a celebration, please understand space limitations.

MAY ALL BEINGS BENEFIT!



BODH GAYA, INDIA

Mahabodhi Temple

Left and cover image: A UNESCO World Heritage Site. It contains a descendant of the Bodhi Tree under which Buddha gained enlightenment, and has been a major pilgrimage destination for Buddhists for well over two thousand years.

JAVA ISLAND, INDONESIA







Borobudur Temple

The Borobudur Temple Compound is one of the greatest Buddhist monuments in the world. It was built in the 8th and 9th centuries AD during the Syailendra Dynasty.



JANUARY

2 0 1 9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● NEW MOON ○ FULL MOON		1	2	3 	4	5
		LUNAR 11 26	11 27	11 28	11 29	11 30
6	7	8	9	10	11	12
12 1 ●	12 2	12 3	12 4	12 5	12 6	12 7
13  Bodhi Day	14	15  Daka Tsog Guru Rinpoche Day	16	17	18	19
12 8	12 9	12 10	12 11	12 12	12 13	12 14
20 	21	22	23	24	25	26
12 15	12 16 ○	12 17	12 18	12 19	12 20	12 21
27	28	29	30  Dakini Tsog	31		
12 22	12 23	12 24	12 25	12 26		

KATMANDU, NEPAL

Swayambhunath Monastery

One of the oldest Monasteries in the world. The word Swayambhunath means "the self-existent" in English. It is a prominent pilgrimage place for many Buddhists and Hindus around the world.

FEBRUARY

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>● NEW MOON ○ FULL MOON</p> <p>HAPPY NEW YEAR</p>						<p>1</p> <p>2</p> <p>PUJA: Protector</p>
					12 27	12 28
3	4	5	6	7	8	9
12 29	12 30 ●	1 1	1 2	1 3	1 4	1 5
10	11	12	13	14	15	16
		<p>LOSAR Lunar New Year</p>		<p>Daka Tsog Guru Rinpoche Day</p>	<p>Nirvana Day</p>	
1 6	1 7	1 8	1 9	1 10	1 11	1 12
17	18	19	20	21	22	23
1 13	1 14	1 15 ○	1 16	1 17	1 18	1 19
24	25	26	27	28		
1 20	1 21	1 22	1 23	1 24		

GYEONGJU, SOUTH KOREA

Bulguksa Temple

Built in 528 during the Silla Kingdom and designated as a World Cultural Asset by UNESCO in 1995. The beauty and artistry of the temple and its stone relics are known throughout the world.

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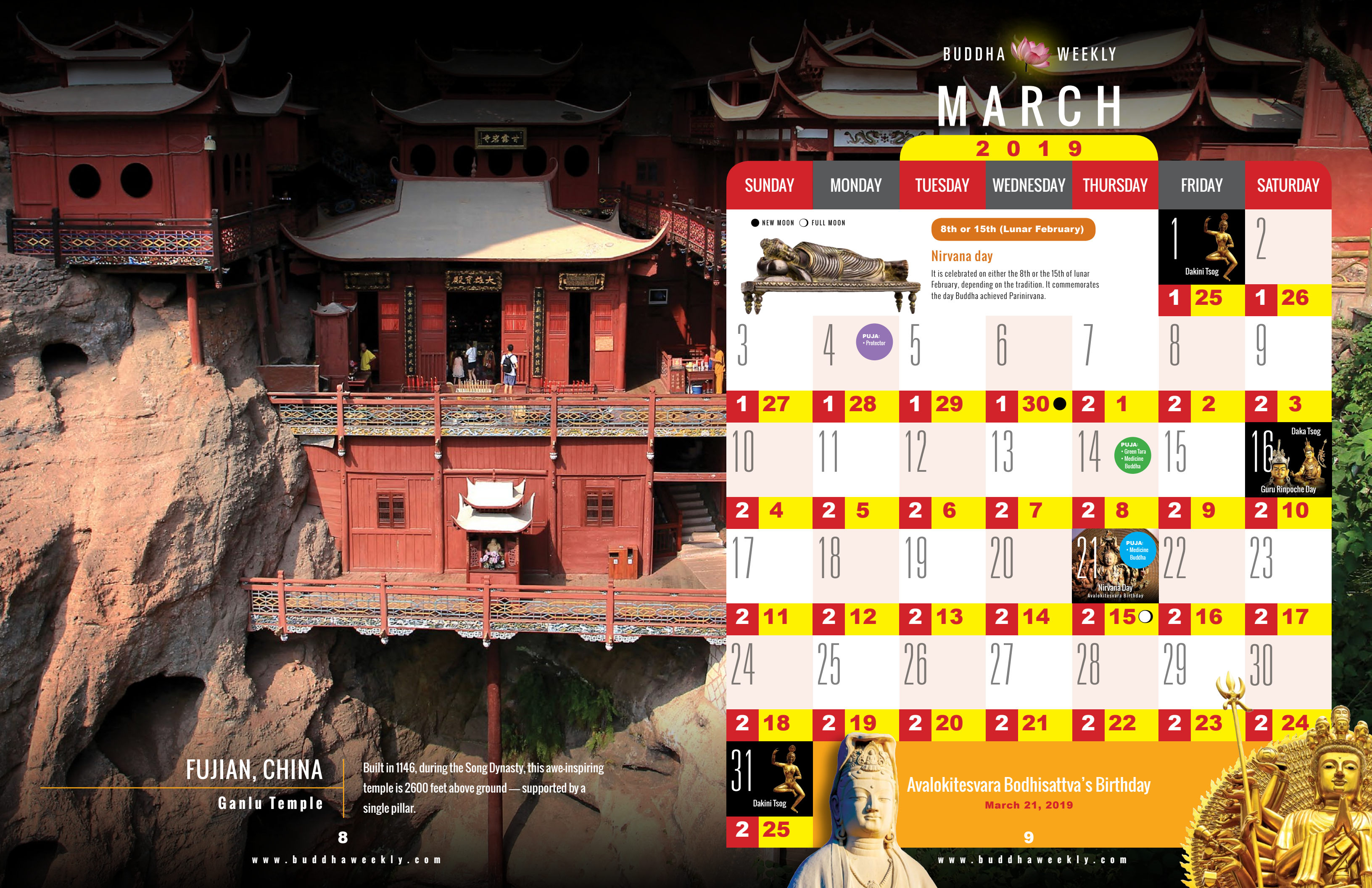
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In many countries, **Magha Puja (Sangha Day)** is the second most important Buddhist festival — a day of purification and good deeds.

Buddha's 15 days of miracles
Day 1 to 15, first month of the Lunar calendar

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MARCH

2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

● NEW MOON ○ FULL MOON



8th or 15th (Lunar February)

Nirvana day

It is celebrated on either the 8th or the 15th of lunar February, depending on the tradition. It commemorates the day Buddha achieved Parinirvana.



Dakini Tsog

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1 25

1 26

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PUJA:
• Protector

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PUJA:
• Green Tara
• Medicine Buddha

15

16

Daka Tsog

Guru Rinpoche Day

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PUJA:
• Medicine Buddha

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Nirvana Day
Avalokitesvara Birthday

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Dakini Tsog

2 25

Avalokitesvara Bodhisattva's Birthday

March 21, 2019

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FUJIAN, CHINA

Ganlu Temple

Built in 1146, during the Song Dynasty, this awe-inspiring temple is 2600 feet above ground — supported by a single pillar.

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APRIL

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 	4	5	6
	LUNAR 2 26	2 27	2 28	2 29	3 1 ●	3 2
7	8	9	10	11	12 	13
3 3	3 4	3 5	3 6	3 7	3 8	3 9
14 	15	16	17	18	19 	20
3 10	3 11	3 12	3 13	3 14	3 15 ○	3 16
21	22	23	24	25	26	27
3 17	3 18	3 19	3 20	3 21	3 22	3 23
28	29 	30	 <div> Kalachakra Festival April 19, 2019 </div>			
3 24	3 25	3 26				

Kalachakra Festival, the Wheel of Time, includes meditation, prayers, vows, teachings and dance with the aim of bringing peace to the world.

MYANMAR, BURMA

Hsinbyume Pagoda

The pagoda was built in 1816 by King Bagyidaw. The pagoda is painted white and is modeled on the physical description of the Buddhist mythological mountain, Mount Meru.

2 0 1 9

13

● NEW MOON ○ FULL MOON

Overlooking the Costa del Sol. It is 108 ft high and is the largest stupa in Europe. It was inaugurated on October 2003, and was the final project of Buddhist master Lopon Tsechu Rinpoche.

JUNE

2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Poson Poya Day

June 17, 2019



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PUJA:
• Green Tara
• Medicine
Buddha

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Daka Tsog
Guru Rinpoche Day

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PUJA:
• Protector

June 17, 2019

Saga Dawa Duchen

Celebrates Buddha Shakyamuni's enlightenment and parinirvana.

Dzam Ling Chi Sang

It is marked by extensive offerings, especially of sang, made to local deities and earth spirits.

5 28

15

● NEW MOON ○ FULL MOON



TRÊS COROAS, BRAZIL

Khadro Ling Buddhist Temple

This beautiful Tibetan temple, on the top of the mountain in the city of Tres Coroas was founded by Nyingma master Chagdud Tulku Rinpoche in 1995.

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ELISTA, RUSSIA

Buddha Shakyamuni Golden Abode

The largest Buddhist temple in the Republic of Kalmykia, one of the largest Buddhist temples in Europe. It was consecrated on December 27, 2005.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 H.E. Zasep Rinpoche birthday	2	3	4	5 Gyre of Maitreya Maidari-Khural	6 Dalai Lama birthday
LUNAR	5 29	5 30 ●	6 1	6 2	6 3	6 4
7	8	9	10 PUJA: • Green Tara • Medicine Buddha	11 Birth of Guru Rinpoche Padmasambhava	12 Daka Tsog Guru Rinpoche Day	13
6 5	6 6	6 7	6 8	6 9	6 10	6 11
14	15 Kalachakra Day Thangka Unveiling	16 Zamling Chisang Universal Incense Offering Day	17 Asalha Puja Dharma Day	18	19	20
6 12	6 13	6 14 ○	6 15	6 16	6 17	6 18
21	22	23	24	25	26	27 Dakini Tsog
6 19	6 20	6 21	6 22	6 23	6 24	6 25
28	29	30 PUJA: • Protector	31			
6 26	6 27	6 28	6 29			



July 5, 2019

Gyre of Maitreya

Celebrates the future coming to earth of Maitreya, the Buddha of the Future.

July 16, 2019

Zamling Chisang

Universal Prayer Day, celebrates Guru Rinpoche's subjugation of local deities and the founding of Samye Monastery.

July 17, 2019

Asalha Puja

Also called Dharma Day, is a Theravada Buddhist festival, celebrating the first teachings of the Buddha.

AUGUST

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 4 Chökhör Düchen Buddha's First Sermon	5	6	7	1 LUNAR 7 1 ●	2 LUNAR 7 2	3 LUNAR 7 3
7 4	7 5	7 6	7 7	7 8 PUJA: Green Tara, Medicine Buddha	7 9	7 10 Daka Tsog, Guru Rinpoche Day
11	12	13	14	15 The Festival of the Tooth PUJA: Medicine Buddha	16	17
7 11	7 12	7 13	7 14	7 15 ○	7 16	7 17
18	19	20	21	22	23	24
7 18	7 19	7 20	7 21	7 22	7 23	7 24
25 Dakini Tsog	26	27	28 PUJA: Protector	29	30	31
7 25	7 26	7 27	7 28	7 29	8 1 ●	8 2

August 4, 2019

Chökhör Düchen Festival

Celebrates Shakyamuni Buddha's first teaching on the Four Noble Truths.

August 15, 2019

Festival of the Tooth

Mostly celebrated in Sri Lanka to pay homage to the sacred tooth relic of the Buddha.

● NEW MOON ○ FULL MOON

SINGAPORE

Buddha Tooth Relic Temple and Museum

The temple is based on the Tang dynasty architectural style and built to house the tooth relic of the historical Buddha. The relic can be viewed by the public at the 4th floor of the temple.

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SEPTEMBER

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6 PUJA: Green Tara, Medicine Buddha	7 H.H. Sakya Trizin birthday
8 3	8 4	8 5	8 6	8 7	8 8	7 9
8 8 Daka Tsog Guru Rinpoche Day	9	10	11	12	13 PUJA: Medicine Buddha	14
8 10	8 11	8 12	8 13	8 14	8 15	8 16
15	16	17	18	19	20	21
8 17	8 18	8 19	8 20	8 21	8 22	8 23
22	23 Dakini Tsog	24	25	26 PUJA: Protector	27	28
8 24	8 25	8 26	8 27	8 28	8 29	8 30
29	30					
9 1	9 2					

NARA, JAPAN

Todaiji Temple

Built in the early 8th century, Todaiji (Eastern Great Temple) is famous for Great Buddha Hall and the world's largest bronze statue of Buddha Vairocana.

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September 7, 2019

H.H. Sakya Trizin

The 41st Sakya Trizin. H.H. Sakya Trizin is the traditional title of the head of the Sakya school of Tibetan Buddhism.



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Each Month

Guru Rinpoche day and Daka Tsog

The 10th of each lunar month is both Guru Rinpoche day and Daka Tsog. Tsog is a special offering.



NEW MOON FULL MOON

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BANGKOK,
Wat Arun Temple

The Temple of Dawn Wat Arun is one of Thailand's best known landmarks. It is uniquely decorated with glass and porcelain.

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OCTOBER

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		LUNAR 9 3	9 4	9 5	9 6	9 7
6 	7	8 	9	10	11	12
9 8	9 9	9 10	9 11	9 12	9 13	9 14
13 	14	15	16	17	18	19
9 15 	9 16	9 17	9 18	9 19	9 20	9 21
20	21	22	23 	24	25	26 
9 22	9 23	9 24	9 25	9 26	9 27	9 28
27	28	29	30	31		
9 29	10 1 	10 2	10 3	10 4		

October 13, 2019

Abhidhamma Day





Is a Theravada Buddhist tradition celebrating Gautama Buddha's descent from Tushita heaven.

● NEW MOON ○ FULL MOON

23

NOVEMBER

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			November 19, 2019		1	2
			Lhabab Duchen Celebrates the descent of Buddha from Trayastrimsa heaven, in the Tibetan tradition.		LUNAR 10	5
3	4	5	6	7	8	9
	PUJA: • Green Tara • Medicine Buddha		 Daka Tsog Guru Rinpoche Day			
10	7	10	8	10	9	10
10	11	12	13	14	15	16
	PUJA: • Medicine Buddha					
10	14	10	15	10	16	10
17	18	19	20	21	22	23
		 Lhabab Duchen BUDDHA'S DESCENT		 Dakini Tsog Zula-Khural		
10	21	10	22	10	23	10
24	25	26	27	28	29	30
	PUJA: • Protector					
10	28	10	29	11	1	11

November 21, 2019

Zula Khural is the "festival of thousands of lamps."



HANOI, VIETNAM

Tran Quoc Pagoda

Over 1,500 years old. On the grounds of Tran Quoc is a Bodhi tree taken as cutting of the original tree in Bodh Gaya, India under which the Buddha sat and achieved enlightenment.

DECEMBER

2 0 1 9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 	4	5  Daka Tsog Guru Rinpoche Day	6	7
11 6	11 7	11 8	11 9	11 10	11 11 LUNAR	11 12
8	9	10 	11	12  Palden Lhamo Festival	13	14
11 13	11 14	11 15	11 16	11 17 	11 18	11 19
15	16	17	18	19	20  Dakini Tsog	21  Ganden Ngachoe Lama Tsongkhapa Day
11 20	11 21	11 22	11 23	11 24	11 25	11 26
22	23 	24	25	26	27	28
11 27	11 28	11 29	11 30	12 1 	12 2	12 3
29	30	31				

December 12, 2019

Palden Lhamo Festival

Also known as "women's festival." Palden Lhamo is the Protector deity of Tibet and the Dalai Lama.

December 21, 2019

Ganden Ngachoe

One of the most important events for Gelugpa tradition. It celebrates the life of the great Lama Je Tsongkhapa.

● NEW MOON ○ FULL MOON



VIENTIANE, LAOS

Pha That Luang

Originally built in 1566 by King Setthathirat, this 147-foot tall Stupa was built to contain the sacred breastbone of Shakyamuni Buddha.



HAWAII, USA

Byodo-In Temple (Kaneohe)

Byodo-In Temple in Hawaii is a replica of the historic Byodoin Temple of Uji in Kyoto prefecture of Japan, established in 1052. It is a non-denominational Buddhist temple and welcomes people of all faiths to participate in its traditions.



BANDARBAN, BANGLADESH

Buddha Dhatu Jadi

“Dhatu” are the material remains of a holy person, and in this temple the relics belong to Buddha. It is the largest Theravada Buddhist temple in Bangladesh and has the second-largest Buddha statue in the country. It was built in 2000 in Arakanese architecture, an adoption of the South East Asia style.

BRITISH COLUMBIA CANADA

Tashi Choling

Tashi Choling International Gumpa is the retreat centre of Gaden for the West, under the spiritual direction of H.E. Zasep Rinpoche. Located near Nelson, in the beautiful mountains of British Columbia Canada, the centre is a sanctuary for retreats and teachings in the Gelugpa tradition of Tibetan Buddhism.



ANGKOR, CAMBODIA

Angkor Wat

Angkor Wat is a temple complex in Cambodia and one of the largest religious monuments in the world, on a site measuring 162.6 hectares. Some visitors do not realize that many surfaces of the Angkor temples were once painted. Today, only small traces of the paint remains on just a few temples.



DAMBULLA, SRI LANKA

Buddhist Cave Temple

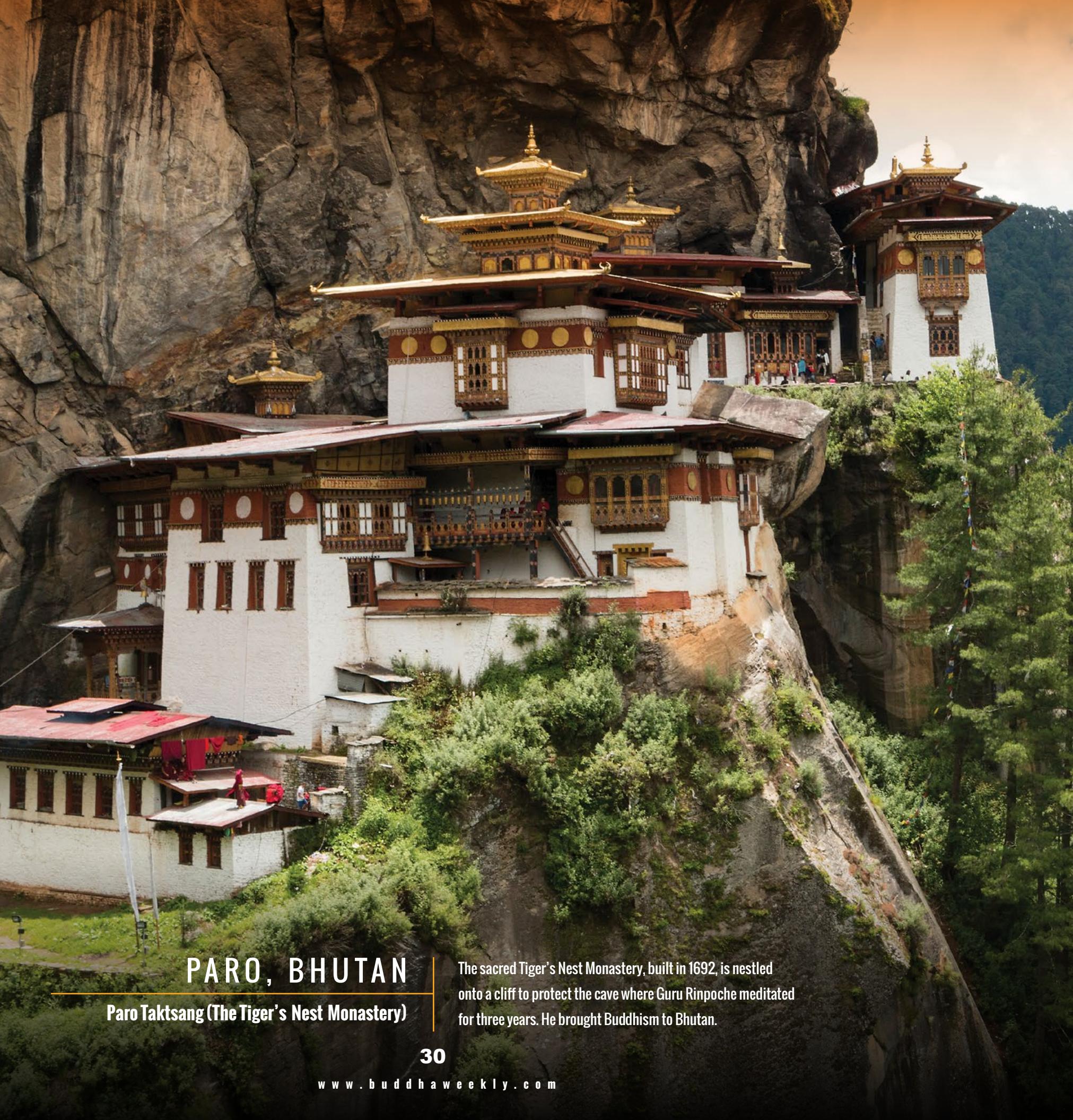
Also known as the Golden Temple of Dambulla and is a World Heritage Site (1991) in Sri Lanka. Dambulla is the largest and best-preserved cave temple complex in Sri Lanka. The rock towers 160 m over the surrounding plains. There are more than 80 documented caves in the surrounding area. Major attractions are spread over five caves, which contain statues and paintings.



KHARKHORIN, MONGOLIA

Erdene Zuu Monastery

The Erdene Zuu Monastery is probably the earliest surviving Buddhist monastery in Mongolia. The surrounding wall is made to resemble a Tibetan Buddhist mala featuring 108 Stupas. Today Erdene Zuu remains an active Buddhist monastery as well as a museum that is open to tourists.



PARO, BHUTAN

Paro Taktsang (The Tiger's Nest Monastery)

The sacred Tiger's Nest Monastery, built in 1692, is nestled onto a cliff to protect the cave where Guru Rinpoche meditated for three years. He brought Buddhism to Bhutan.

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BUDDHA  WEEKLY

BUDDHISM

AROUND THE WORLD

Buddha Weekly Lunar Practice Calendar

Each year, the volunteers at Buddha Weekly, publish a practice calendar for Buddhist practitioners. We try to include important practice dates, such as Vesak and the Festival of the Tooth, but also the monthly lunar pujas and tsogs. Both western calendar month and day, and lunar month and day are shown on the calendar, together with full moon and new moon. Please forgive any errors and omissions. Buddhism has multiple traditions. It is difficult to show all the important dates. You may see, for example, more than one "Buddha's birthday" as different traditions and regions celebrate on different lunar days. May all beings benefit.



This calendar was inspired and edited by H.E. Zasep Tulku Rinpoche. Rinpoche is the spiritual head of Gaden for the West, with meditation centres around the world, including Australia, U.S. and Canada.



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DHARAMSHALA, INDIA

Gyuto Monastery

Tibetan Buddhist monks carry a traditional Buddhist sculpture at a Puja at the temple of Gyuto monastery, Dharamshala, India.

Buddha Weekly, since 2007, is a popular online magazine covering most important areas of Buddhist living and practice, with a special focus on teachers, meditation practices, Buddhas, Dharma and Sangha.