







"Today we may not be able to meet the original Buddha in person. We need the closest thing. If someone has great faith, understands emptiness, and has trained their mind very well, the image of the Buddha can be as powerful as the Buddha. Just to see that picture can alleviate lifetimes of suffering and give someone the possibility of meeting a Buddha in the future. The seed planted by seeing the picture in that way is unstoppable. The action brings the result."

– Jampay Dorje

Buddha Weekly is happy to present the new practice calendar for 2018, the Year of the Earth Dog. Featuring both Western and Lunar calendar dates, the calendar includes Mother Tsog, Father Tsog, Puja dates, and special celebration dates. (Please add your own practice dates.)

May all beings benefit.

Helpful links:

- Buddha Weekly YouTube
 Channel (with teachings)
- About Tsog
- Interview with illustrator

 Jampay Dorje
- About Medicine Buddha
 Practice (with video)
- About Green Tara
 Practice (with video)
- About White Tara
- About Black Manjushri
- About Lama Tsongkhapa
 practice

Beautiful illustrations courtesy of Jampay Dorje (Ben Christian).

Buddha Weekly, since 2007, is a popular online magazine covering most important areas of Buddhist living and practice, with a special focus on teachers, meditation practices, Buddhas, Dharma and Sangha.

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12 5	12 6 20	12 7	12 8 PUJA: • Medicine Buddha Lunar Eclipse	12 <mark>9</mark>	12 10	12 <mark>11</mark>
12 <mark>12</mark>		juna who receives the	loft the flaming sword of Perfection of Wisdom gini in a subterranean g	n teachings from a Qu		





BUDDHA WEEKLY

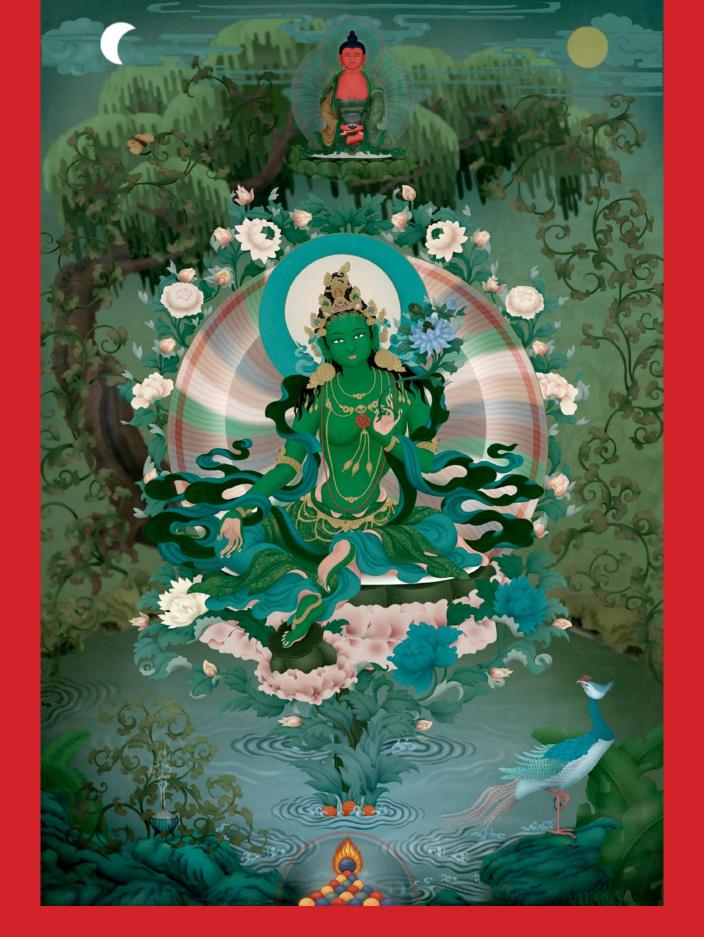




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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10	19	20	21	22	23	PUJA: • Green Tara • Medicine Buddha
2 2	2 3	2 4	2 5	2 6	2 7	2 8
25	Father Tsog	27	28	29	30	PUJA: • Medicine Buddha
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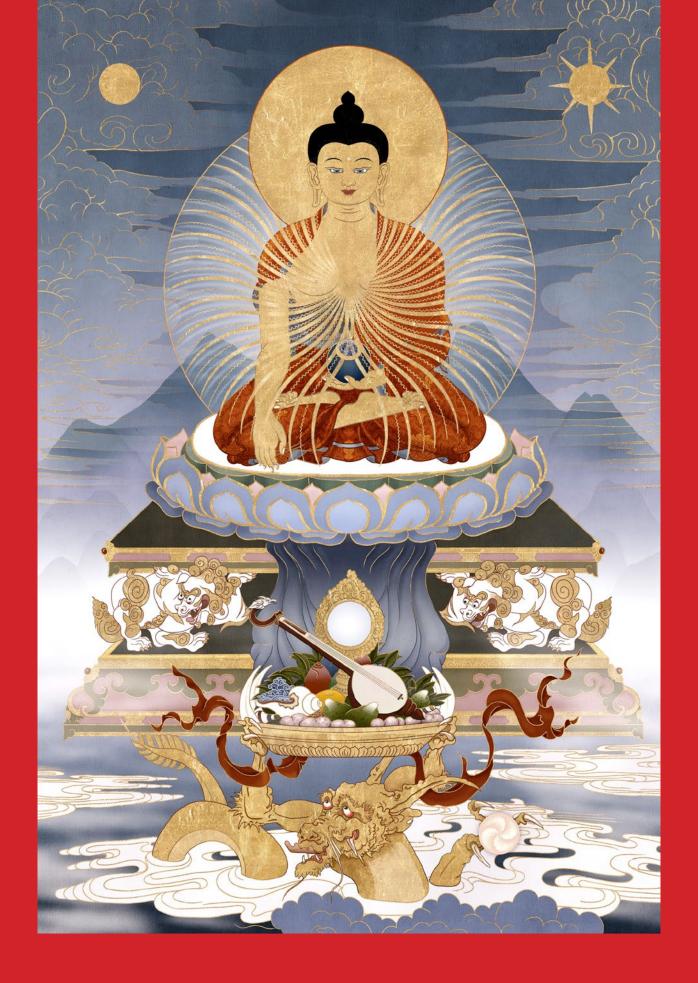
The unparalleled virtue of **Lama Tsongkapa**, King of the Dharma (1357-1419), ripens into a vision of the Buddha of Wisdom Manjushri, riding a snow lion.

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	BUDDHA WEEKLY							
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4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
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	2 23 1 5	2 24 1 1 1	2 25	2 26	2 27	2 28	2 29	
	2 30	3 1 • PUJA: • Green Tara • Medicine Buddha	3 2	3 3 25 Father Tsog	3 4	3 5 2 7	3 6	
	3 7 2 9	3 8 PUJA: • Medicine Buddha	3 9	3 10	3 <mark>11</mark>	3 <mark>12</mark>	3 13	

Compassionate **Green Tara**, the Saviour, crowned by her Guru Amitabha Buddha, is always ready to leap to the aid of any who call on her name. Her mantra is Om Tare Tuttare Ture Svaha.



	BUDDHA WEEKLY								
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(_	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
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		7	0	9	Mother Tsog	11	12		
	3 21	3 22	3 23	3 24	3 25	3 26	3 27		
	PUJA: • Protector	14	15	16	17	10	19		
	3 28	3 29	4 1 •	4 2	4 3	4 4	4 5		
4	20	21	PUJA: • Green Tara • Medicine Buddha	23	Father Tsog	25	26		
THE STATE OF THE S	4 6	4 7	4 8	4 9	4 10	4 11	4 12		
	27	28	• Medicine Buddha Buddha's birth, enlightnment and paranirvana	30	31				
	4 13	4 14	150	4 <mark>16</mark>	4 17				
			 symbolizing a discip 	a, the Historical Budo ble requesting teaching g mudra" symbolizing	gs. His hand touches				

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY		FRIDAY	SATURDAY
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]	4	5		7	Mother Tsog	
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	PUJA: • Protector	12		14	1	
4 <mark>27</mark>	4 28	4 29	4 30 •	5 1	5 2	5 3
17	10	19	20	PUJA: • Green Tara • Medicine Buddha	22	Father Ts.
5 4	5 5	5 6	5 7	5 8	5 9	5 10
24	25	26	27	PUJA: • Medicine Buddha	29	30
5 <mark>11</mark>	5 12	5 13	5 14	5 <mark>15</mark> O	5 16	5 17
	a golde	en edged rock formati narakshita, who gave	nrezig) Buddha of Con ion and a stupa, which of himself so selflessl he hidden nature of rea	symbolize the story of that he created the	of Master	

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BUDDHA 🥨 WEEKLY **SUNDAY** MONDAY WEDNESDAY THURSDAY FRIDAY **SATURDAY TUESDAY** 5 PUJA: Protector 5 PUJA:
• Green Tara
• Medicine 6 10 6 <mark>150</mark> 6 <mark>16</mark>

The pristine Buddha of purification, **Vajrasattva**, rests suspended in mid-air between Adi Buddha Samantabhadra and a gleaming pyramid of multi-coloured jewels.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY	FRIDAY	SATURDAY			
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5	Mother Tsog	7		PUJA: • Protector	10	11			
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12	13	4	lη		1/	PUJA: • Green Tara • Medicine Buddha			
7 2 1 9	7 3 20 Father Tsog	7 4 2 1	7 5	7 6 23	7 7 2 4	PUJA: • Medicine Buddha			
7 9 26	7 10 27	7 11 28	7 12	7 13	7 14 3 1	7 15			
7 160	7 16 7 17 7 18 7 19 7 20 7 21 Dharmakaya Samantabhadra-Samantabhadri arise in the sublime form of a United Father and Mother, symbolising the union of lucid wisdom and the bliss of Emptiness.								



SEPTEMBER
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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						7 <mark>22 ¥</mark>
2		Mother Tsog	5	ß	H.H. Sakya Trizin Day PUJA: • Protector	0
7 23	7 24	7 25	7 26	7 27	7 28	7 29
9	10	11	12	13	14	15
1 30 ●	8 1	8 2	8 3	8 4	8 5	8 6
16	PUJA: • Green Tara • Medicine Buddha	10	Father Tsog	20	21	22
8 7	8 8	8 9	8 10	8 11	8 12	8 13
23	PUJA: • Medicine Buddha	25	26	27	20	29
8 14	8 <mark>15</mark>	8 160	8 <mark>17</mark>	8 <mark>18</mark>	8 19	8 20
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Lord **Vajradhra**, the One Who Holds the Diamond. Below him, the dragon, his disciple, just transported from the terrors of painful cyclic suffering, arises in a pure form to make offerings to the teacher who enabled the occurrence of this transformation

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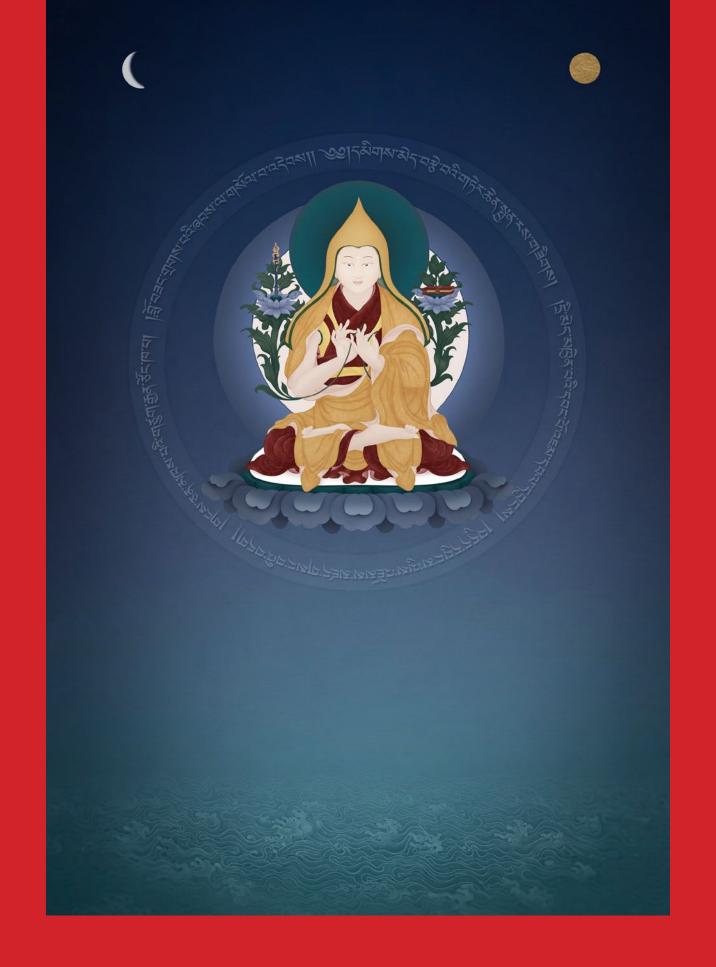


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	SUNDAY	MONDAY	TUESDAY	WILLIAM STATE OF THE STATE OF T	8	FRIDAY	SATURDAY		
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	PUJA: • Protector	8 22	8 23	8 24 1	8 25	8 26 12	8 27		
	8 28 14	8 29 15	9 1 • PUJA: • Green Tara • Medicine Buddha	9 2 17	9 3 10 Father Tsog	9 4	9 5		
	9 6	9 7	9 8 PUJA: • Medicine Buddha	9 9	9 10 25	9 11	9 12 27		
	9 13	9 14	9 <mark>15</mark>	9 16 0	9 17	9 18	9 19		
	9 20	9 21	Buddha's descent	9 23					

Black Manjushri in peaceful form wields a wisdom sword, here representing the spiritual wisdoms derived from learning, contemplation and meditation. Wisdom enables us to avert obstacles in the future through acting wisely in the present.







DECEMBER FRIDAY **SUNDAY** MONDAY **TUESDAY** WEDNESDAY **THURSDAY SATURDAY 10 24** PUJA: Protector 10 10 26 10 PUJA:
• Green Tara
• Medicine Lord **Tsongkapa** (1357-1419), a fully Enlightened Buddha, and also historical founder of the Gelugpa. He is depicted meditating at the unfindable point where the sea and the horizon meet, which symbolizes the Middle Way and his complete mastery over the joining of compassion and wisdom for the sake of all living beings. ● NEW MOON ○ FULL MOON **27**

BUDDHA WEEKLY



Ben Christian | Jampay Dorje

ampay Dorje (Ben Christian) is an artist seeking to offer others the many realisations that can be reached through classical Buddhist practices. His goals are to paint the higher states of mind that can be experienced through combining meditation, retreat, and a good relationship with your Guru; and to inspire in others the wish to reach those states of mind. Through his art he aims to convey what it is like to meet the Deity through your Teacher's unspoken instruction and profound blessing.

Retreat is fundamental to Jampa Dorje's process.

When he first became inspired to create art he went into retreat to ask for blessings to be able to express the teachings he was receiving at the time. At the end of that retreat images and techniques started pouring into him. Before that, he says,

he "could barely paint at all." Once it became clear to him that the digital process supported his goal of sharing dharma with as many people as possible Jampay Dorje began to devote more of his life to "digital" Thangka art in between retreats.

He works primarily in Photoshop and uses ArtRage for linework. It takes him about a month (or between 100 and 200 hours) to produce a work. He rarely takes general commissions; focusing instead on subject matter that is rare or has not been illustrated before. He also undertakes works as requested by his teachers.

Jampay Dorje lives in Armidale, New South Wales, Australia. He divides his time between art; undertaking his own meditation retreats; supporting others' retreats by running a retreat centre; and teaching.

www.jampaydorje.com



Special Thanks

Illustrations Jampay Dorje Design Kam Wai Yu

Dedicated to H.E. Venerable Zasep Tulku Rinpoche

